April 2021

Dear Parents and Guardians,

In the Charter for the Protection of Children and Young People, the United States bishops pledged “... most solemnly to one another and to you, God’s people, that we will work to our utmost for the protection of children and youth.”

The Office for the Protection of Children and Youth (OPCY) reviews Personal Safety Lessons (PSL) presented to our youth in grades K-12. Approved PSL providers include Monique Burr Foundation (K-12), VIRTUS (K-12), KidSmartz (K-5)/NetSmartz (6-12) by NCMEC, and Not Me! (K-12).

The Archdiocese of Saint Paul and Minneapolis has provided all parishes and schools with the above resources. In addition, parishes and schools may choose to use other supplemental programs including performing arts safety programs to develop the best personal safety instruction for your children and community.

Let us know if you need further information regarding the Personal Safety Lessons or materials. It is our goal to keep all children safe and give them the best tools possible to do so.

Thank you for all you do for your children’s faith formation and for your priority in keeping your children actively involved in parish or Catholic school programs.

Sincerely in Christ,

Most Reverend Bernard Hebda
Archbishop of Saint Paul and Minneapolis